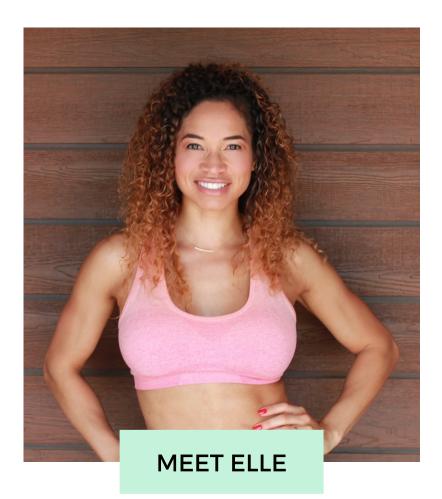




FITNESS-BRANDING-LIFESTYLE

## **BRAND KIT**



From overweight, jobless, substance abuse and suicidally depressed to international best-selling author, holistic fitness, branding and lifestyle coach.

I turned my breakdown into my breakthrough.
Transforming my new passion for health and
fitness into a brand that reaches women around
the world.

I help women create realistic lifestyle habits through my online and in-person business, social media, events and speaking engagements.

#### CONTACT

Elle Ross info@theelleross.com social - @theelleross 470-222-4791

## 48K



42.4 K



4.2 K



1 K

average reach - 20.8K average impressions - 140.9K

#### **TOP ENGAGERS**



women 25-44



interested in fitness, health, nutrition and related content, products & services



72% US-based

### IN THE MEDIA



















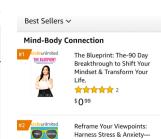














Reframe Your Viewpoints: Harness Stress & Anxiety— Transform It Into Peace & Confidence











## BRAND PARTNERS

PAID AND PROMOTIONAL
BASED BRAND PARTNERSHIPS
FOR GLOBAL CAMPAIGNS,
AMBASSADORSHIPS, SOCIAL
MEDIA PROMO AND
ADVERTISEMENTS



















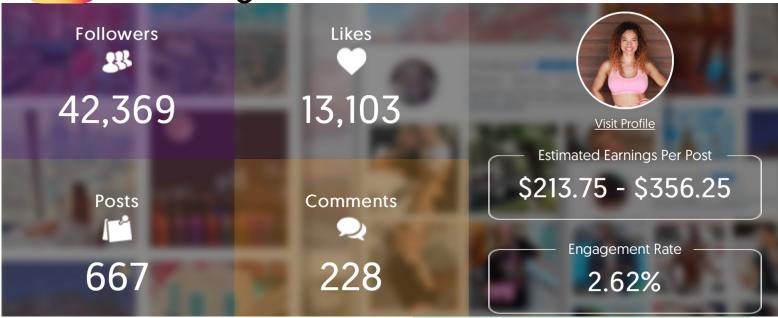






# PROMOTIONAL PRICING

1 Instagram



#### **AVG \$ PER POST**

\$200 - \$300 depending on

- Post requirements
- Length of creation
- Video vs. photo
- Product inclusion
- Post Frequency
- Story vs. Feed

